

2013-2014  
**Social, Therapeutic  
& Recreational Services**

**25 YEARS OF CARING**

*Put a little SPARC in your life!*



Special Program And Resource Connection

SERVING ALL OF WESTCHESTER COUNTY

Activities for Children, Teens and Adults include:

Art • Cooking • Film • Golf • Horseback Riding • Music

(914) 243-0583 • Fax: (914) 243-3039

[www.sparcinc.org](http://www.sparcinc.org)

# Greetings

Dear Friends and Families,

Welcome to favorite and exciting new SPARC programs in this brochure. We strive to remain "grassroots" and thank the parents, schools and agencies who shared your hopes and needs for SPARC's services to our community. This is what has always made SPARC a little bit different. We are proud of our reputation in being responsive to adapt activities, add programs and provide individualized support as needed. We are not a one-size-fits-all agency. Our growth and high quality is based on hearing from our participants! It is our intention for SPARC to be the place you turn to for the social and leisure life you seek.

*"Recreation's purpose is not to kill time, but to make life, not to keep a person occupied, but to keep them refreshed; not to offer an escape from life, but to provide a discovery of life." Author Unknown*

*In our recreation here at SPARC, we play with spirit, laugh with kindness, and learn to love life, ourselves and each other. I look forward to another year together of good times, fun and friendship!*

Warmly,



Rose Rothe, CTRS  
Founder / Executive Director

## SPARC's Office Staff



### Business Address

3045 Gomer Street  
Yorktown Heights, NY 10598

**Phone:** (914) 243-0583

**Fax:** (914) 243-3039

**Website:** SPARCinc.org

### Office Hours

Monday-Friday, 9:00 am – 5:00 pm

### Administration

Rose Rothe, MA, CTRS  
*Founder, Executive Director*

Patti Colombo, MS, CTRS  
*Program Director*

Jennifer Avitabile, MA  
*Program Coordinator*

Katrina Klein, MA, CTRS  
*Program Coordinator*

Lani Noble, BS, CTRS  
*Program Coordinator*

### Board of Directors

*President*

Rod Drysdale

*Vice President*

Susan W. Morris

Theresa Baker

Sharon Berman

Patricia Carroll

Suzanne Chase

Gayle Cratty

Debra Fischer

Virginia Norton

Elyssa Rothe

Roger Vogt

*Please call for information about joining our board.*



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# Calendar at a Glance 2013 – 2014

	MONDAY	TUESDAY	WEDNESDAY
<b>ADULTS</b> Ages 35+	Exploring Art Music Lovers	Cooking Fun Terrific Times	Music Lovers Pet Connection
<b>YOUNG ADULTS</b> Age: 21-35	Golf Clinic	Cooking Fun Dinner Friends	Sports Club
<b>YOUNG ADULTS</b> Age: 21-35 Daytime Programs		Link-Up Independence in the Community	
<b>TEENS</b> Age: 13-20	Golf Clinic	Cooking Fun Dinner Friends	Sports Club
<b>CHILDREN</b> Age: 5-12			Sports Club
<b>AFTER SCHOOL PROGRAMS</b>	<b>After School Programs are contracted by your school district.</b> Currently in Briarcliff Manor, Eastchester, Lakeland, North Salem, Somers, Yorktown <b>Call us to bring programs to your school!</b>		

## SUMMER PROGRAMMING

Summer activities meet in June, July and August. Descriptions are found throughout the brochure in each age division, with details of summer dates, costs and locations. Weather permitting; activities take advantage of nature and outdoor opportunities where suitable.



### YOUTH

- KIDZ TIME / SIBS TIME
- CLUB SPARC
- HORSEBACK RIDING
- SUMMER MAGIC (contracted by school districts)

### TEENS YOUNG ADULTS

- TEEN TIME AND SOCIAL CLUB
- FILM FANS
- FILM PRODUCTION
- GOLF CLINIC
- HORSEBACK RIDING

**THURSDAY****FRIDAY****SATURDAY**

**Active & Fit  
Athletic Club**

**Social Circle**

**Nature Club**

**Active & Fit  
Athletic Club  
Bowling**

**Social Club  
Social Circle**

**Film Fans  
Film Production Workshop  
Horseback Riding**

**Link-Up  
Educational Courses**

**Bowling**

**Teen Time  
Rec Night**

**Club SPARC  
Film Fans  
Film Production Workshop  
Horseback Riding**

**Bowling**

**Club SPARC  
Horseback Riding  
Kidz Time**

- **Kids Express:** All Students K-5
- **Magic of Music:** Special Need Students K-5
- **SPIRIT:** Special Need Students MS/HS

**ADULTS**

ACTIVE & FIT  
ATHLETIC CLUB  
COOKING FUN  
EXPLORING ART  
MUSIC LOVERS  
NATURE CLUB  
SOCIAL CIRCLE  
TERRIFIC TIMES

**ANNUAL FAMILY PARTICIPATION ACTIVITIES**

**For participants in Youth, Teen and Young  
Adult programs and their families**

YEAR-END BBQ    May 31, 2014  
EVENT TBA            July 2014  
EVENT TBA            August 2014





# Welcome to SPARC



## Our Mission

**SPARC enhances the lives of people with developmental disabilities through high quality therapeutic recreation activities. Participants work on skill development in a nurturing social community that does not otherwise exist in their lives.**

SPARC, Inc., Special Program And Resource Connection, is a not-for-profit agency founded in 1989, now entering our 25th year. Our services reach about 1,000 individuals in every corner of Westchester County. Weekly activities foster individual potential, new friendships and eliminate isolation. Programs and trips in typical community venues strengthen participants' inclusion skills and acceptance in their neighborhoods. SPARC also provides resources, training and consultation for local agencies and professionals.

## Our Goals

Every person needs time to relax, be with friends, develop new abilities, and learn about oneself. SPARC provides active, challenging, and interesting recreation for people with special needs, as well as respite for their families. Our specialists use enjoyable, goal-oriented activities as steps towards overcoming obstacles and developing behavioral, functional and life skill goals. A fun and joyful atmosphere fosters:

- positive attitudes, confidence & independence
- socialization & new friendships
- self-esteem & accomplishments
- community integration skills
- decision-making & self-determination
- problem solving in social situations
- self-expression & communication skills
- new interests & leisure skills

SPARC is part of the rhythm of life for each person benefitting from new skills, favorite activities, and friendships developed in our programs.



## **LINK-UP** Learning Independence in the Community PACE Lubin Graduate Center

**Tuesdays: Community Integration**  
Same great program you know!

**Thursdays: Educational Courses**  
New adult learning opportunities!

LINK-UP, now in its 3rd year, is an innovative daytime program engaging young adults who have recently graduated from high school into community integration activities and / or educational courses. We meet on a college campus, in downtown White Plains, offering a range of young adult growth opportunities. The program supports higher ability participants with a 1:4 staff ratio.

Tuesdays are dedicated to guiding members to learn about navigating their own world through volunteer work, visiting exhibits, going on tours, using public transportation, handling money and practicing pre-vocational skills. On Thursdays, we use the campus as a college setting for coursework that will promote lifelong learning to engage our students mind, body and spirit. Bring your lunch to eat in the cafeteria or outdoors. Transportation by private /family arrangements.

Place: **PACE Lubin Graduate Center**  
**White Plains**

Time: **9am – 2pm Tuesday &/or Thursday**  
**Or on Thursday choose:**  
**9:00-10:30, 10:45-12:15, 12:30-2:00**  
**2:00-5:30 Extended day recreation**  
**Tuesday &/or Thursday**

Cost: **9:00 -2:00 \$500 10 weeks T**  
**+ \$500 10 wks Th**  
**2:00 – 5:30 \$350 10 weeks T**  
**+ \$350 10 wks Th**  
**1 ½ hr Thursday \$200**

Starts: **9/10/2013**

- **Managing your Finances** Learn about money management, spending, saving, earning, handling a bank account.
- **World Cultures** Travel the virtual world as we explore the sites and sounds of 10 fascinating countries
- **Film Production** Camera work, script development, interview skills and directing
- **Art Masterworks** Hands on class modeling Picasso, Magritte, Van Gogh, Calder & other favorites
- **Music in the Western World** Listen & explore history & styles: folk, rock, reggae, rap, Broadway, opera, classical & more
- **Yoga, Meditation & Wellness** Learn how the ancient practices of hatha yoga and meditation offer mind / body benefits
- **Dance Studio 101** We'll be on our feet stepping to modern and classic styles: salsa, lindy, line dance, more!



# Recreation Programs: Weekday Evenings & Weekends

## MONDAY

### EXPLORING ART

You will be delighted with the imaginative masterpieces created in this sociable craft class. Weekly projects offer exciting new materials, instruction and ideas to excite your inner artist!



### GOLF CLINIC

New and experienced SPARC golf partners receive personalized instruction. Learn and practice skills on the driving range, putting green and lush golf course. Stance, pivoting, swing, control of the ball, safety and golf etiquette are all covered.

#### YOUNG ADULTS

#### ADULTS

Place: South Presbyterian Church,  
Dobbs Ferry  
Time: 6:30 – 7:30 pm  
Cost: \$ 185 / 12 weeks  
\$ 370 / 24 weeks  
Summer \$ 110 / 7 weeks  
Start Dates: Fall 9/23/13 Spring 2/3/14  
Summer 6/2/14

#### TEENS

#### YOUNG ADULTS

Place: Mohansic Golf Course, Yorktown  
Time: 7:00 – 8:00 pm  
\*Cost: \$ 160 / 8 weeks  
Start Dates: Summer 6/3/13



### MUSIC LOVERS

Sing-along, dance and play percussion instruments in our high energy, interactive, joyful music program. Activities encourage social connections and musical self-expression. Share your enthusiasm through movement, perform a solo, choose and learn new songs.



#### YOUNG ADULTS

#### ADULTS

Place: BOCES, Yorktown  
Time: 6:30 – 7:30 pm,  
7:30 – 8:30 pm  
Cost: \$ 185 / 12 weeks  
\$ 370 / 24 weeks  
Summer \$ 110 / 7 weeks  
Start Dates: Fall 9/23/13  
Spring 2/3/14  
Summer 6/2/14



## TUESDAY

### COOKING FUN

A tasty class for new and experienced cooks. Develop skills in food preparation, kitchen safety and table setting that you can show off at home. Learn healthy choices and collect recipes for favorite snacks, entrees, veggies, salads, desserts and ethnic cuisine.

TEENS YOUNG ADULTS ADULTS

Place (Site 1): **1st Presbyterian Church, Yorktown**  
Place (Site 2): **Elmsford**  
Time: **6:30-8:00 2nd & 4th weeks**  
Cost: **\$ 185 / 8 weeks  
\$ 370 / 16 weeks  
\$ 110 / 5 weeks**  
Start Dates: **Fall 9/24/13  
Spring 2/11/14  
Summer 6/3/14**

### DINNER FRIENDS

Enjoy an evening out on the town having dinner with friends. Sample new restaurants chosen by the group. Build independence while learning good judgment and safety in the community, mealtime interaction and money management.

TEENS YOUNG ADULTS

Place (Site 1): **Lower / Mid Westchester Restaurants**  
Place (Site 2): **Northern Westchester Restaurants**  
Time: **6:30 – 8:00 pm,  
1st & 3rd Tuesdays**  
\*Cost: **\$ 135 + meals / 7 weeks  
\$ 270 / 14 weeks**  
Start Dates: **Fall 10/1/13 Spring 2/4/14**



### LINK UP

An innovative daytime program engaging young adults who have recently graduated from high school in a daily program of community integration activities and / or educational courses. See page 5 for details.

YOUNG ADULTS

Place: **PACE Lubin Graduate Center, White Plains**  
Time: **9:00 am – 2:00 pm,  
Tuesdays and/or Thursdays  
2:00 pm – 5:30 pm,  
Extended day or ½ day option**

### TERRIFIC TIMES

A varied program alternating music one week and a range of recreation activities the next. Enjoy: art projects, adapted games, creative movement and special celebrations in a social atmosphere. For participants who benefit from learning basic skills.

ADULTS

Place (Site 1): **BOCES, Yorktown**  
Place (Site 2): **Dobbs Ferry**  
Time: **6:30 – 7:30 pm  
7:30 - 8:30 pm**  
\*Cost: **\$ 185 / 12 weeks  
\$ 370 / 24 weeks  
Summer \$ 110 / 7 weeks**  
Start Dates: **Fall 10/1/13  
Spring 2/4/14  
Summer 6/3/14**

# Recreation Programs: Weekday Evenings & Weekends

## WEDNESDAY MUSIC LOVERS

See description on Monday.



## PET CONNECTION

Share your love of animals with trained therapy dogs, visits from cats, rabbits, turtles, birds guinea pigs and others! Bring special animal friendships into your life as you learn about handling and caring for pets, teaching commands and tricks and playing games.



## SPORTS CLUB

Meet with friends to learn warm-up drills and play adapted games, rotating through seasons of basketball, soccer, kickball and more. Members need to be able to follow directions and engage in team activities. Stay fit, have fun and learn skills!



### YOUNG ADULTS

### ADULTS

Place: **St. Joseph Arimathea  
White Plains**  
Time: **Adults: 6:30 – 7:30 pm,  
Young Adults: 7:30 – 8:30 pm**  
Cost: **\$ 185 / 12 weeks  
\$ 370 / 24 weeks  
Summer \$ 110 / 7 weeks**  
Start Dates: **Fall 10/9/13  
Spring 2/5/14  
Summer 6/4/14**

### YOUNG ADULTS

### ADULTS

Place: **Yorktown Grange**  
Time: **7:00 – 8:00 pm**  
Cost: **\$ 155 / 10 weeks  
\$ 310 / 20 weeks**  
Start Dates: **Fall 10/2/13  
Spring 3/5/14**

### CHILDREN

### TEENS

### YOUNG ADULTS

Place: **BOCES, Yorktown**  
Time: **6:00-7:00 pm: Intro to sports  
7:00-8:00 pm:  
Advanced Skill League**  
Cost: **\$ 185 / 12 weeks  
\$ 370 / 24 weeks**  
Start Dates: **Fall 10/9/13, Spring 2/5/14**

## THURSDAY

### ACTIVE & FIT: ON YOUR FEET OR IN YOUR SEAT



Get a total body workout sitting or standing and such a good time it won't feel like work at all! Learn popular fitness techniques including stretching, aerobics, yoga, use of props and stress-relieving relaxation exercises. For beginners or experienced exercisers.

### ATHLETIC CLUB

A slower paced recreational program where members learn skills to play adapted sports in a sociable atmosphere. Favorite games: basketball, baseball, soccer, track, hockey, volleyball and more! Participants must follow directions and engage in team activities.

### BOWLING

**NEW!**

Join our new SPARC Bowling League for a weekly chance to learn the rules, practice technique with instruction, improve your score and join your friends. Bring \$ for snacks if you wish.

### LINK UP

An innovative daytime program engaging young adults who have recently graduated from high school in a daily program of community integration activities and / or educational courses. See page 5 for details.



#### YOUNG ADULTS

#### ADULTS

Place (Site 1): **Hitchcock Church, Hartsdale**  
Place (Site 2): **BOCES, Yorktown**  
Time: **Adults 6:30 – 7:30 pm**  
**Young Adults 7:30 – 8:30 pm**  
Cost: **\$ 185 / 12 weeks**  
**\$ 370 / 24 weeks**  
**Summer \$ 110 / 7 weeks**  
Start Dates: **Fall 10/3/13**  
**Spring 2/6/14**  
**Summer 6/5/14**

#### ADULTS

Place: **BOCES, Yorktown**  
Time: **7:30 – 8:30 pm**  
Cost: **\$ 185 / 12 weeks**  
**\$ 370 / 24 weeks**  
**Summer \$ 110 / 7 weeks**  
Start Dates: **Fall 10/3/13**  
**Spring 2/6/14**  
**Summer 6/5/14**

#### CHILDREN 8+

#### TEENS

#### YOUNG ADULTS

Place: **White Plains AMF Bowling Alley**  
Time: **4:30 – 6:30 pm**  
Cost: **\$ 185 + game fee / 12 weeks**  
**\$ 370 + game fee / 24 weeks**  
Start Dates: **Fall 10/3/13** **Spring 2/6/14**

#### YOUNG ADULTS

Place: **PACE Lubin Graduate Center,  
White Plains**  
Time: **9:00 am – 2:00 pm,  
Tuesdays and/or Thursdays**  
**2:00 pm – 5:30 pm,  
Extended day or ½ day option**

**NEW! Second Day**

# Recreation Programs: Weekday Evenings & Weekends

## FRIDAY

### REC NIGHT

Rec Night is a haven for teens with Asperger Syndrome to develop social skills and find friends with similar interests and abilities. Listen to music, play games, enjoy local outings and plan weekly activities. Find free time with others an enjoyable part of life.

### SOCIAL CLUB

Young adults in their 20's find this Friday night program a social "oasis." Meet old and new friends, bring music, join discussions, games, art, snacks, parties and be part



of the community. Learn leisure skills, practice independence and develop leadership. Trips include: movies, dinners, bowling, theatre, golf, arcades, sports, & more.

### SOCIAL CIRCLE

This new social group is for "older" young adults with a program geared to accommodate the schedule and budget you need. Socialize with peers in their late 20's – early 40's at the end of the week with a changing schedule of activities, trips and special events.



### TEEN TIME

Spend evenings with other teens and help plan activities such as art, dances, parties and games. Talk about teen concerns, bring your music and have a snack. Leaders help teens develop social skills, independence, stress management and how to enjoy leisure time. Trips may include: bowling, mini-golf, dinner, movies, arcades, theatre, and sports.

### TEENS

Place: **Pleasantville**  
Time: **6:30 – 9:15 pm**  
\*Cost: **\$ 575 / 30 weeks**  
Start Dates: **Full Year 9/27/13 – 6/6/14**

### YOUNG ADULTS

Place (Site 1): **Yorktown Community and Cultural Center**  
Place (Site 2): **Mercy College, Dobbs Ferry**  
Time: **6:30 – 9:15 pm**  
\*Cost: **\$ 575 / 30 weeks**  
**Summer \$ 225 / 5 weeks, 2 x week**  
Start Dates: **Full Year 9/27/13 – 6/6/14**  
**Summer 7/1/14 Tues & Th**

### YOUNG ADULTS 25-40

Place (Site 1): **1st Presbyterian Church, Yorktown**  
Place (Site 2): **Pleasantville**  
Time: **7:00 - 8:30 pm**  
Cost: **\$475 / 24 weeks**  
**Summer \$150 / 5 weeks**  
Start Dates: **Full Year 10/4/13 – 5/30/14**  
**Summer 7/1/14 Tuesdays**

### TEENS

Place (Site 1): **Pleasantville**  
Place (Site 2): **Mercy College, Dobbs Ferry**  
Time: **6:30 – 9:15 pm**  
\*Cost: **\$ 575 / 30 weeks**  
**Summer \$ 225 / 5 weeks, 2 x a week**  
Start Dates: **Full Year 9/27/13 – 6/6/14**  
**Summer 7/1/14 Tues & Th**

## SATURDAY

### CLUB SPARC

A weekend play-date your child can count on! Kids learn about making and being a good friend through art, music and games which encourage self-expression, conversation skills, problem solving and decision making, while developing interests and self-esteem.



### FILM PRODUCTION WORKSHOP

SPARC's production team creates original scripts, learns techniques in camera work, lighting, directing, and optionally, acting. Projects include: neighborhood events, biographies, fiction, movie reviews, music videos, animation, and interviews. Enjoy your work at the annual "Red Carpet Event" and on YouTube. com/SPARCIncTV.



### FILM FANS

Love going out with friends on Saturday nights to catch a movie? Build independence as you enjoy group choices and discussions, learn group decision making, money management and social conversation skills.



#### CHILDREN 7-12

#### TEENS 13-15

Place: **Pace University, Pleasantville**  
Time: **10:00 am – 11:45 am**  
\*Cost: **\$ 435 /15 weeks**  
**\$ 870 /30 weeks**  
Start Dates: **Fall 10/19/13 - 2/15/14**  
**Spring 3/1/14 - 6/21/14**

#### TEENS

#### YOUNG ADULTS

Place: **Pace University, Pleasantville**  
Time: **10:15am-12:15pm Master Class,**  
**12:30–1:30 Intro to Film**  
\*Cost: **Master : \$325 /14 weeks**  
**\$650/28 weeks**  
**Summer \$160/6 wks**  
**Intro: \$175 / 14 weeks**  
**\$350 / 28 weeks**  
**Summer \$160 / 2 hours**  
Start Dates: **Fall 9/21/13, Spring 2/1/14**  
**Summer 6/7/14**

See us on: [YouTube.com/SPARCIncTV](http://YouTube.com/SPARCIncTV).

#### TEENS

#### YOUNG ADULTS

1st Saturday: **Saw Mill Multiplex, Hawthorne**  
2nd Saturday: **Greenburgh Multiplex Cinema, Elmsford**  
3rd Saturday: **Ridge Hill, Yonkers**  
Time: **6:30 – 9:30 pm**  
\*Cost: **\$ 175 + movie ticket**  
**for 8 week session**  
**Summer \$65 + for 3 sessions**  
**indicate site on registration form**  
Start Dates: **Full Year: Oct- May**  
**Summer: June- Aug**



## SATURDAY (continued)

### NATURE CLUB

**NEW!**

Do you love nature from houseplants to farming, from arranging flowers to drying them for crafts, from recycled art to caring for the environment? This could be a great group for you with friends who love to plant, create, save the earth, cook, craft and have fun!

#### ADULTS

Place: **Mount Kisco**  
 Time: **11:00 am – 12:00 pm**  
 Cost: **\$ 185 / 12 weeks**  
**\$ 370 / 24 weeks**  
**Summer \$ 110 / 7 weeks**  
 Start Dates: **Fall 9/21/13**  
**Spring 3/1/14**  
**Summer 6/7/14**

### HORSEBACK RIDING

Adapted horseback riding gives participants new skills, accomplishments and a love for animals. Riding instruction develops independence, balance, posture, self-esteem, and concentration. Enjoy farm animals and grooming horses. Individualized goals.



#### CHILDREN

#### TEENS

#### YOUNG ADULTS

Place (Site 1): **Cimarron Ranch, Putnam Valley**  
 Time: **lesson assigned either 9:00, 9:45, 10:30 am**  
 \*Cost: **\$400/ 10 weeks**  
 Start Dates: **Fall 9/21/13, Spring 3/1/14**  
**Summer 5/17/14**  
 Place (Site 2): **Therapeutic Equestrian Center, Cold Spring**  
 Time: **lesson assigned either 10:30, 11:00, 11:30 am, 12:00pm**  
 \*Cost: **\$600/ 12 weeks**  
 Start Dates: **Fall 9/14/13- 12/14/13**  
**Spring 3/1/13 – 6/7/14**

### KIDZ TIME

Playtime for your child on the autism spectrum can be filled with smiles, friends and fun!



SPARC Specialists, trained in interventions for ASD's, help children enjoy specially designed music, art and games at their level of readiness. In a positive, flexible environment, children develop social skills, with goals targeting: attention, language, frustration, listening, taking turns, winning / losing, aggressive responses, and self-esteem.

#### CHILDREN on autism spectrum 5-13

Place: **Pace University, Pleasantville**  
 Time: **10:30 am – 12:30 pm**  
 \*Cost: **\$ 435 /15 weeks**  
**\$ 870 /30 weeks**  
 Start Dates: **Fall 10/19/13-2/15/14**  
**Spring 3/1/214 - 6/21/14**

### SIBS TIME

Playtime can be confusing for typical siblings of children with autism spectrum disorders. SPARC Leaders help them share a guided, positive experience with music, games and art. Next sibs meet separately with activities and support uniquely helpful for their role.

#### 5-12 yr old siblings of children in KIDZ TIME

See **KIDZ TIME** for time, place, start date  
 Cost: **\$ 300/15 weeks**  
**\$ 600/30 weeks**



Special Program And Resource Connection

# 2013-2014 REGISTRATION FORM

Registrations also accepted  
online at [www.sparcinc.org](http://www.sparcinc.org)

**REGISTRATION DEADLINE:** (please call for late openings)

Fall: September 3, 2013    Spring: January 3, 2014    Summer: May 12, 2014

**NEW PARTICIPANTS:** Please fill out form completely

Returning Participants – list important updates not on file & program selection

Participant Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Birthdate: \_\_\_\_\_ SS# \_\_\_\_\_

	Parent / Guardian 1/ Res. Mngr.	Parent / Guardian 2 / Assist Mngr.
Name		
Home Phone		
Cell Phone		
Work Phone		
Email		

Check  ok to share phone # with group members

Emergency Contact : \_\_\_\_\_ Phone: \_\_\_\_\_

Parent Employers: G1 \_\_\_\_\_ G2 \_\_\_\_\_

Physical Exam Date: \_\_\_\_\_

Day Program/School/Job: \_\_\_\_\_

Disability: \_\_\_\_\_

Medications: \_\_\_\_\_

Self Care Needs: \_\_\_\_\_

Allergies: \_\_\_\_\_

Adaptive Equipment: \_\_\_\_\_

Seizures: \_\_\_\_\_

Vision/Hearing: \_\_\_\_\_

Verbal/Communication: \_\_\_\_\_

Concerns: \_\_\_\_\_

More about participant: \_\_\_\_\_

\_\_\_\_\_

# PARTICIPATION / PHOTO RELEASE

**(This section MUST be completed and signed)**

I permit \_\_\_\_\_ to actively participate in activities as registered on this form and to be transported and given emergency medical treatment in case of injury. I grant permission for photograph or video images to be used for educational use or promotion of SPARC services. Check if you do not want photo used , do not want name used . My signature is valid for ongoing enrollment in SPARC unless otherwise indicated.

By participating in a SPARC program, the parent/guardian of each participant and the participant agree to indemnify, release and hold harmless SPARC, its officers, directors, employees, consultants, agents (including independent contractors, if applicable), and volunteers from any and all liability or causes of action whatsoever arising out of, or which may result from such participation.

Date: \_\_\_\_\_ Parent/Guardian/Agency Representative Signature: \_\_\_\_\_

**Please make checks for program payable to: SPARC, Inc.  
and mail with this form to: SPARC, 3045 Gomer Street, Yorktown Heights, NY 10598**

**Payments cannot be accepted at program sites**

**Credit Cards Accepted – Call the SPARC office (914) 243-0583**

## PROGRAM ENROLLMENT

(\*) Star next to program indicates Medicaid Waiver funding.  
SPARC fees enhance respite with additional program benefits.

**Cancellation fees apply for program withdrawal. See registration policies-back page.  
Full year registration can be paid in 2 installments upon request.**

Activity	Season	Location	Fee
1	<input type="checkbox"/> Fall/Spring <input type="checkbox"/> Fall Only <input type="checkbox"/> Spring Only <input type="checkbox"/> Summer		
2	<input type="checkbox"/> Fall/Spring <input type="checkbox"/> Fall Only <input type="checkbox"/> Spring Only <input type="checkbox"/> Summer		
3	<input type="checkbox"/> Fall/Spring <input type="checkbox"/> Fall Only <input type="checkbox"/> Spring Only <input type="checkbox"/> Summer		

Office Use Only:

AC \_\_\_\_\_ Inv # \_\_\_\_\_ Paid Date \_\_\_\_\_ \$ \_\_\_\_\_

AC \_\_\_\_\_ Inv # \_\_\_\_\_ Paid Date \_\_\_\_\_ \$ \_\_\_\_\_

# Registration Policies and Procedures



## Program Locations

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Programs meet throughout Westchester, enabling you to become part of your community in northern, central or southern towns. Accessible facilities are available.

## Eligibility

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SPARC welcomes and accommodates individuals with developmental disabilities. Staff: participant ratio varies based on participants' functional abilities. We do not provide 1:1 supervision or support behavioral issues which create safety concerns. Sessions are designed with sensitivity to participants' strengths, needs and compatible peers. Groups are co-ed, based on age and abilities. Membership is open regardless of residence.

We also offer "Kids Express," a general education, inclusionary after-school program.

## Enrollment Procedures

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New participants must file SPARC's registration application prior to joining programs. An intake interview with a Program Coordinator will help find the best placement for each applicant. Returning participants must update registration forms annually with changes in personal or contact information and signed authorization for recreation participation. Returning group members meeting deadlines have first choice should a waiting list be necessary. Registration deadlines, in general, are 3 weeks prior to program start dates. Once deadlines pass, please call to inquire about vacancies. We will make every effort to accommodate interested individuals.

## Program Fees, Medicaid, Scholarships, Refunds

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Full payment of fees is required prior to program start dates. Please call (914) 243-0583 to inquire about scholarships, flexible payment plan or for a financial aid application if fees create a hardship. Full refunds for program withdrawal are available up to 1 week prior to program start, late withdrawal may incur cancellation fees. Starred (\*) programs receive Medicaid waiver respite funding. SPARC fees cover additional program enhancements. Fees are 60% required, 40% requested family contribution. Medicaid regulations do not allow us to require a mandatory donation and you have the right to opt out. Without family support, programs expenses will not be met, thus jeopardizing our future ability to offer many of our youth and young adult programs

## Program Dismissal

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Prompt pick-up is expected after activities. A late fee of \$10.00 per 10 minute applies.

## Weather Advisory / Cancellations

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As program locations cover a broad geographic area, weather varies and may cause cancellations in only some areas of the county. Program cancellation notice will be provided 3 hours prior to scheduled programs through email and telephone. Information is also available on SPARC's office telephone answering machine (914) 243-0583.

# Recreation Programs: Daytime Weekdays

## Our Professional Team is Just Right for You

SPARC's team of creative professionals is experienced in therapeutic recreation, music therapy, art therapy, psychology, nursing, special education and social work. We understand participants' personal needs, the spectrum of functional abilities, learning and developmental disabilities, communication disorders, seizures, allergies, special diets, and adaptive equipment. SPARC staff is knowledgeable about individuals' social, emotional, physical, and medical concerns. Our specialists inspire participants to "reach for the stars" in a spirit of encouragement, friendship and fun.

### FOR ALL AGES

## Private Instruction Or 1:1 Therapy

SPARC professionals offer private or semi-private therapy or instruction for children and adults adjusting to social, cognitive emotional or physical challenges. We enable participants to experience progress and achievements in their special activity interests. Weekly visits or other schedules are available to fit your personal lifestyle. Sessions can be in your home or our setting.

*Activity choices:*

- Fitness, yoga or dance
- computers/technology
- music (voice, instrument)
- creative writing
- art (painting, drawing, jewelry, sculpture, ceramics, crafts)
- or other activities of your choice.
- pet therapy
- drama
- sports
- photography
- cooking
- gardening

## CHILDREN: SCHOOL BASED PROGRAMS

These programs are contracted by school districts and available to students in: Briarcliff Manor, Eastchester, Lakeland, North Salem, Somers, & Yorktown. Call 243-0583 to start your school.

**Pre-Schools:** Play is the most natural experience for children to explore their world. While engaged in fun SPARC activities, pre-schoolers develop basic functional and social skills: sensory integration, communication & language skills, playing with others, body awareness, taking turns, following directions while we nurture each child's creative strengths and personal growth. Activities include: dance / movement, drama, musical activities, art/craft exploration of creative materials and self-expression, group and partner active or table top games.

## ELEMENTARY SCHOOL SOCIAL SKILLS PROGRAMS:

**Magic Of Music:** Our music specialist leads a lively, interactive, goal oriented program, involving children in singing, movement and musical games. Small classes allow children to enthusiastically explore rhythm and rhyme, percussion instruments, and dramatic play. Our goals include: receptive & expressive language, social skills, improved attention, self-expression.

**Kids Express:** Our inclusionary or special education recreation program for grades K-5 emphasizes social skills while children enjoy unique games, crafts and role play. The curriculum addresses: making & being a good friend, dealing with social challenges, listening, sharing, following rules, understanding & expressing feelings and self-esteem.

**Summer Magic:** An extended school day for summer special education students to enjoy structured summer recreation fun: water play, gym time, music, art and more. SPARC staff are available to collaborate with school faculty to carry-over IEP goals.

## MIDDLE & HIGH SCHOOL TEENS:

### After-School Spirit

A fun time for teens to socialize, build independence, confidence and self-esteem. SPIRIT is a lifeline for teens who have not had an appropriate way to participate in the after-school community. Student chosen activities may include: games, art, music, movement, discussions and other typical teen interests. SPARC helps students deal with social challenges, develop new interests & leisure skills. SPIRIT also expands safe coverage hours for busy parents.

## GROUP HOME & DAY HAB ON-SITE

Our programs tailored to your schedule are provided by SPARC to most group home agencies in Westchester, making this a popular and successful service. We are flexible and sensitive to your concerns and our individualized contract with you will provide:

- Our Recreation, Art or Music Therapists in your home, center or school
- Program services provided weekly or at your preferred monthly schedule
- Assurance of dependable activities without the complications of transportation or staffing
- Choice of any activity in this brochure or call and discuss your other ideas!



## Volunteer, Board, Student Internship Opportunities

Please consider contributing your time and energy to improve life for kids and adults at SPARC. Volunteers involvement with our participants is extremely rewarding. Taking part in our programs is fun, while giving you the chance to develop special relationships and contribute your expertise. High school and college internships are available as community service or supervised clinical training. Adult volunteers participate in activities as varied as providing 1:1 assistance to participants, teaching new activity skills, clerical or computer work in our office and helping with fundraising events. Opportunities to join our Board of Directors are available periodically to parents and community members dedicated to our mission. Call (914) 243-0583 and get involved!



## Social Media

**Facebook:** Come visit us at SPARC – Special Program And Resource Connection and show everyone that you “like” us. See program photos, get special event updates, find out all the latest happenings!

## GOODSHOP / GOODDINING:

Type [www.Goodshop.com](http://www.Goodshop.com) or [www.Gooddining.com](http://www.Gooddining.com) in your internet browser and select SPARC for your charitable “cause.” A donation will be made to us as you conduct your usual search for information, do internet shopping or dine with a registered credit card. Put the icon on your toolbar and support SPARC every time you search online.



*In loving Memory  
of Cathy Kadner.*

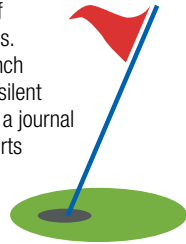
## Annual Gala



Don't miss the festivities at our 5th annual celebration! Join us for a night of music, dance, cocktail buffet, silent auction, door prizes and more. Sleepy Hollow Country Club, April 12, 2014. Congratulations to our 2013 honorees: PACE University, The Prizeman Family and Claudia Spaziante, HVDDSO, FSS Coordinator.

## Golf Outing

Check our website for our 2014 Golf Outing and a great day on the greens. Golfers fee includes cart, greens, lunch and dinner, contests, prizes, raffles, silent auction gift bag and more. Sponsor a journal ad, hole or event. Fundraising supports SPARC trips, scholarships, adaptive materials and vital programs. Register at [www.sparcinc.org](http://www.sparcinc.org).



## 1st Annual Cathy Kadner Leadership Award

Wendy Devino recipient.





Special Program And Resource Connection

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[www.sparcinc.org](http://www.sparcinc.org)

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*Put a little SPARC in your life!*